

Youth - Female Finishers

| Overall | | Race | | ----- Swim ----- | | ----- Bike ----- | | ----- Run ----- | | Penalty |
|---------|---------------|--------|---------------------------|------------------|------|------------------|------|-----------------|------|----------|
| Place | Name | Number | Club | Finish Time | Rank | Time | Rank | Time | Rank | |
| 4 | Helena Dyce | 186 | Walden Tri | 37:45:00 | 3 | 09:15 | 2 | 14:38 | 1 | 13:50 |
| 5 | Grace Goodall | 187 | East Essex Triathlon Club | 38:14:00 | 2 | 09:14 | 3 | 14:52 | 2 | 14:07 |
| 9 | Abbie Kerr | 189 | Discovery Tri | 38:45:00 | 4 | 09:25 | 4 | 15:06 | 3 | 14:13 |
| 10 | Rose Branton | 184 | Ipswich Triathlon Club | 39:23:00 | 1 | 09:10 | 5 | 15:14 | 5 | 14:58 |
| 17 | Lotti Knights | 191 | | 41:30:00 | 6 | 11:31 | 1 | 00:00 | 10 | 29:58:00 |
| 18 | Beth Irving | 188 | Cambridge Triathlon Club | 42:37:00 | 9 | 12:03 | 6 | 15:56 | 4 | 14:37 |
| 20 | Ella Knight | 190 | Discovery Tri | 44:38:00 | 8 | 11:57 | 7 | 16:52 | 6 | 15:48 |
| 21 | Grace Cadzow | 185 | Tri Sport Epping | 46:10:00 | 7 | 11:38 | 8 | 17:08 | 7 | 17:24 |
| 22 | Jemma Roe | 192 | Hoddesdon Tri Club | 51:07:00 | 5 | 10:36 | 9 | 20:09 | 9 | 20:21 |
| 23 | Roza Somogyi | 193 | East Essex Triathlon Club | 55:38:00 | 10 | 13:05 | 10 | 22:34 | 8 | 19:59 |

Youth Male Finishers

| Overall | | Race | | ----- Swim ----- | | ----- Bike ----- | | ----- Run ----- | | Penalty |
|---------|-------------------|--------|---------------------------|------------------|------|------------------|------|-----------------|------|---------|
| Place | Name | Number | Club | Finish Time | Rank | Time | Rank | Time | Rank | |
| 1 | Luhan Bely | 195 | Walden Tri | 36:08:00 | 2 | 09:13 | 2 | 13:58 | 2 | 12:56 |
| 2 | Matthew Wouldham | 48 | PACTRAC | 36:20:00 | 3 | 09:21 | 1 | 13:47 | 3 | 13:11 |
| 3 | Clayton Thomas | 47 | East Essex Tri | 37:29:00 | | | 12 | 23:52 | 4 | 13:37 |
| 6 | Jamie Pugh | 46 | Leighton Buzzard | 38:14:00 | 10 | 11:41 | 3 | 14:09 | 1 | 12:23 |
| 7 | David Jukes | 200 | Cambridge Triathlon Club | 38:23:00 | 5 | 09:34 | 4 | 14:36 | 8 | 14:12 |
| 8 | Jordan Bradford | 196 | Cambridge Triathlon Club | 38:39:00 | 4 | 09:29 | 5 | 14:38 | 10 | 14:31 |
| 11 | Rhys Dolan | 197 | Hoddesdon Tri Club | 39:30:00 | | | 13 | 25:35:00 | 5 | 13:55 |
| 12 | Nathan Wright | 49 | Walden Tri | 40:06:00 | 1 | 08:50 | 6 | 14:49 | 13 | 16:26 |
| 13 | Daniel Mayes | 43 | East Essex Tri | 40:33:00 | 8 | 11:05 | 7 | 15:22 | 6 | 14:04 |
| 14 | Ethan Page | 44 | Hoddesdon Tri | 40:51:00 | 7 | 10:54 | 9 | 15:33 | 9 | 14:23 |
| 15 | Marcus Holmes | 199 | Ipswich Triathlon Club | 41:06:00 | 6 | 10:02 | 8 | 15:33 | 12 | 15:30 |
| 16 | George Applewhite | 194 | East Essex Triathlon Club | 41:07:00 | 9 | 11:12 | 10 | 15:47 | 7 | 14:08 |
| 19 | Ben Hodds | 198 | 0 | 43:27:00 | 11 | 12:40 | 11 | 15:58 | 11 | 14:47 |

Tristar 3 - Female Finishers

| Overall | | Race | | Finish Time | ----- Swim ----- | | ----- Bike ----- | | ----- Run ----- | | Penalty |
|---------|-------------------|--------|------------------------|-------------|------------------|-------|------------------|----------|-----------------|-------|---------|
| Place | Name | Number | Club | | Rank | Time | Rank | Time | Rank | Time | |
| 1 | Abigail Rymer | 153 | Hoddesdon Tri Club | 08:44 | 7 | 08:44 | | | 1 | 00:00 | |
| 8 | Poppy Branton | 140 | Ipswich Triathlon Club | 33:08:00 | 3 | 07:29 | 2 | 14:36 | 2 | 11:02 | |
| 9 | Katie Tasker | 154 | Pactrac | 33:25:00 | 2 | 07:25 | 1 | 14:07 | 3 | 11:53 | |
| 14 | Christina Durbin | 143 | Tri-Force | 35:07:00 | 1 | 07:16 | 6 | 15:49 | 4 | 12:01 | |
| 15 | Eva McCabe | 149 | Tri-Force | 35:27:00 | 6 | 07:54 | 3 | 14:54 | 8 | 12:38 | |
| 18 | Beatrice Pauley | 151 | BRJ Run and Tri | 35:45:00 | 4 | 07:38 | 4 | 15:33 | 7 | 12:33 | |
| 19 | Lena Leinemann | 146 | Discovery Tri | 37:17:00 | 8 | 08:53 | 5 | 15:39 | 9 | 12:44 | |
| 20 | Millie Robson | 152 | Walden Tri | 37:46:00 | 10 | 09:18 | 7 | 15:59 | 5 | 12:28 | |
| 24 | Lauryn Wood | 155 | Discovery Tri | 39:17:00 | 11 | 09:23 | 9 | 17:23 | 6 | 12:30 | |
| 27 | Sofia Johns | 144 | Discovery Tri | 40:40:00 | 9 | 09:02 | 10 | 18:01 | 10 | 13:36 | |
| 30 | Sophie Brock | 141 | | 41:50:00 | 15 | 10:24 | 8 | 16:22 | 11 | 15:03 | |
| 31 | Maggie Wyper | 156 | Hoddesdon Tri Club | 42:02:00 | 5 | 07:51 | 12 | 18:32 | 13 | 15:38 | |
| 33 | Scarlett Mitchell | 150 | Walden Tri | 43:38:00 | 13 | 09:50 | 11 | 18:13 | 12 | 15:34 | |
| 35 | Erica Joscelyne | 145 | Tri & Tri Again | 47:43:00 | 14 | 10:02 | 13 | 20:42 | 14 | 16:58 | |
| 36 | Coral Dunk | 142 | Discovery Tri | 54:54:00 | 12 | 09:26 | 14 | 28:04:00 | 15 | 17:23 | |

Tristart 3 - Male Finishers

| Overall | | Race | | Finish Time | ----- Swim ----- | | ----- Bike ----- | | ----- Run ----- | | Penalty |
|---------|------------------|--------|---------------------------|-------------|------------------|-------|------------------|-------|-----------------|----------|---------|
| Place | Name | Number | Club | | Rank | Time | Rank | Time | Rank | Time | |
| 2 | Kai Boggon | 161 | RG Active | 31:06:00 | 1 | 06:36 | 2 | 13:39 | 2 | 10:51 | |
| 3 | Tom Blake | 160 | Cambridge Triathlon Club | 31:51:00 | 3 | 07:16 | 1 | 13:31 | 3 | 11:02 | |
| 4 | Ethan Reilly | 176 | Discovery Tri | 32:26:00 | 4 | 07:17 | 4 | 13:59 | 6 | 11:09 | |
| 5 | James Fraser | 164 | Walden Tri | 32:34:00 | 6 | 07:25 | 3 | 13:51 | 7 | 11:16 | |
| 6 | Oscar Woodward | 183 | West Suffolk Wheelers | 33:00:00 | 8 | 07:54 | 5 | 14:01 | 4 | 11:04 | |
| 7 | Oliver Hitchcock | 166 | Ipswich Triathlon Club | 33:06:00 | 10 | 08:21 | 6 | 14:19 | 1 | 10:25 | |
| 10 | Samuel Willis | 182 | Hoddesdon Tri Club | 33:41:00 | 5 | 07:23 | 8 | 14:47 | 8 | 11:30 | |
| 11 | Joshua Vail | 181 | Cambridge Triathlon Club | 33:47:00 | 2 | 07:07 | 14 | 15:32 | 5 | 11:06 | |
| 12 | Scott Carpenter | 163 | Hoddesdon Tri Club | 34:01:00 | 7 | 07:29 | 9 | 14:57 | 9 | 11:34 | |
| 13 | Oliver Mills | 173 | Cambridge Triathlon Club | 34:53:00 | 9 | 07:55 | 7 | 14:31 | 13 | 12:25 | |
| 16 | Oscar Gerard | 165 | Blackwater Triathlon Club | 35:36:00 | 12 | 08:27 | 13 | 15:32 | 10 | 11:36 | |
| 17 | Charlie Knowler | 169 | Discovery Tri | 35:42:00 | 13 | 08:33 | 11 | 15:07 | 11 | 12:01 | |
| 21 | Robin Matthews | 171 | Blackwater Triathlon Club | 37:47:00 | 11 | 08:23 | 15 | 16:13 | 14 | 13:10 | |
| 22 | William Mayes | 172 | East Essex Triathlon Club | 38:05:00 | 15 | 09:23 | 16 | 16:30 | 12 | 12:11 | |
| 23 | Scott Slater | 178 | Walden Tri | 38:21:00 | 18 | 10:03 | 10 | 15:03 | 15 | 13:14 | |
| 25 | Charlie Boldock | 162 | Tri Sudbury | 40:06:00 | 14 | 08:55 | 17 | 16:34 | 18 | 14:35 | |
| 26 | Joseph Perry | 174 | Blackwater Triathlon Club | 40:21:00 | 17 | 09:36 | 19 | 17:28 | 16 | 13:16 | |
| 28 | William Pugh | 175 | Infinity Triathlon Club | 40:52:00 | | | | | 21 | 40:52:00 | |
| 29 | Ben Stamp | 179 | Hoddesdon Tri Club | 41:01:00 | 19 | 10:08 | 12 | 15:29 | 19 | 15:22 | |
| 32 | Jack Teodorski | 180 | Infinity Triathlon Club | 43:05:00 | 16 | 09:26 | 18 | 17:04 | 20 | 16:34 | |
| 34 | Toby Kerrison | 168 | Walden Tri | 43:40:00 | 20 | 11:05 | 20 | 18:05 | 17 | 14:28 | |

Tristar 2 - Female Finishers

| Overall | | Race | | Finish Time | ----- Swim ----- | | ----- Bike ----- | | ----- Run ----- | | Penalty |
|---------|-----------------|--------|---------------------------|-------------|------------------|-------|------------------|-------|-----------------|-------|---------|
| Place | Name | Number | Club | | Rank | Time | Rank | Time | Rank | Time | |
| 3 | Antonia Jubb | 103 | Tri Force Juniors | 23:47 | 1 | 05:17 | 4 | 11:16 | 1 | 07:12 | |
| 5 | Abbi McCallum | 106 | TriHarman-Norfolk | 25:13:00 | 6 | 06:58 | 2 | 10:48 | 2 | 07:27 | |
| 6 | Kitty Hilling | 101 | Walden Tri | 25:14:00 | 5 | 06:54 | 1 | 10:40 | 3 | 07:39 | |
| 7 | Anna Leinemann | 104 | Discovery Tri | 25:38:00 | 3 | 06:32 | 3 | 11:01 | 5 | 08:05 | |
| 9 | Matilda Bogle | 97 | Ipswich Triathlon Club | 26:10:00 | 2 | 06:22 | 5 | 12:00 | 4 | 07:46 | |
| 16 | Rebekah Long | 105 | Discovery Tri | 28:54:00 | 4 | 06:48 | 9 | 12:57 | 8 | 09:08 | |
| 17 | Rebecca Wells | 109 | Blackwater Triathlon Club | 29:01:00 | 8 | 07:30 | 7 | 12:14 | 9 | 09:16 | |
| 18 | Mia Hickey | 100 | Walden Tri | 29:07:00 | 7 | 06:59 | 6 | 12:02 | 10 | 10:05 | |
| 19 | Belle Howard | 102 | Walden Tri | 29:07:00 | 10 | 08:10 | 8 | 12:38 | 6 | 08:18 | |
| 25 | Holly Appleton | 95 | East Essex Triathlon Club | 31:16:00 | 11 | 09:00 | 11 | 13:31 | 7 | 08:43 | |
| 29 | Anna Dunk | 98 | Discovery Tri | 33:20:00 | 12 | 09:15 | 10 | 13:12 | 11 | 10:52 | |
| 31 | Charlotte Hatch | 99 | Blackwater Triathlon Club | 34:15:00 | 9 | 07:52 | 12 | 13:41 | 13 | 12:41 | |
| 34 | Katie Warburton | 108 | Hoddesdon Tri Club | 38:24:00 | 13 | 11:36 | 13 | 14:23 | 12 | 12:24 | |

Tristar 2 - Male Finishers

| Overall | | Race | | Finish Time | ----- Swim ----- | | ----- Bike ----- | | ----- Run ----- | | Penalty |
|---------|------------------|--------|---------------------------|-------------|------------------|-------|------------------|-------|-----------------|-------|---------|
| Place | Name | Number | Club | | Rank | Time | Rank | Time | Rank | Time | |
| 1 | Jake Latham | 123 | Walden Tri | 22:47 | 1 | 05:52 | 1 | 10:04 | 1 | 06:50 | |
| 2 | Stuart Adam | 111 | West Suffolk Wheelers | 23:34 | 2 | 06:04 | 2 | 10:29 | 2 | 07:00 | |
| 4 | Freddie Wardle | 136 | Walden Tri | 24:04:00 | | | 16 | 16:40 | 3 | 07:24 | |
| 8 | Jack Dunn | 116 | East Essex Triathlon Club | 26:09:00 | 4 | 07:04 | 5 | 10:57 | 6 | 08:06 | |
| 10 | Jack Markham | 127 | Hoddesdon Tri Club | 26:22:00 | 5 | 07:10 | 4 | 10:56 | 7 | 08:14 | |
| 11 | Alex Ley | 137 | | 26:41:00 | 7 | 07:32 | 6 | 11:14 | 4 | 07:54 | |
| 12 | Ethan Storti | 134 | Team Tri One | 26:58:00 | | | 17 | 18:04 | 14 | 08:54 | |
| 13 | Lucas Thomas | 135 | East Essex Triathlon Club | 27:04:00 | 6 | 07:18 | 3 | 10:52 | 13 | 08:53 | |
| 14 | Billy McEachern | 129 | Discovery Tri | 27:40:00 | | | 20 | 19:18 | 10 | 08:22 | |
| 15 | George Ley | 124 | East Essex Triathlon Club | 28:01:00 | | | 21 | 19:57 | 5 | 08:04 | |
| 20 | Harrison Bunn | 114 | East Essex Triathlon Club | 29:09:00 | 10 | 08:15 | 11 | 12:35 | 9 | 08:18 | |
| 21 | Tommy Liddiard | 125 | Hoddesdon Tri Club | 29:15:00 | | | 19 | 18:36 | 19 | 10:38 | |
| 22 | Jack Hatch | 118 | Blackwater Triathlon Club | 29:42:00 | 12 | 08:29 | 10 | 12:29 | 11 | 08:43 | |
| 23 | George Jukes | 121 | Cambridge Triathlon Club | 29:57:00 | 9 | 08:05 | 7 | 11:14 | 18 | 10:37 | |
| 24 | Fraser McCormack | 128 | Hoddesdon Tri Club | 31:14:00 | 11 | 08:28 | 14 | 13:52 | 12 | 08:53 | |
| 26 | Joshua Aberly | 110 | Discovery Tri | 31:28:00 | 13 | 09:28 | 8 | 11:40 | 17 | 10:18 | |
| 27 | Thomas Shaw | 131 | Blackwater Triathlon Club | 32:16:00 | 15 | 10:41 | 13 | 13:17 | 8 | 08:18 | |
| 28 | Harry Eagle | 117 | Hoddesdon Tri Club | 32:59:00 | 8 | 08:00 | 9 | 12:14 | 21 | 12:44 | |
| 30 | William Knight | 122 | Discovery Tri | 33:38:00 | 16 | 11:05 | 12 | 13:09 | 15 | 09:22 | |
| 32 | Archie Scott | 130 | Cambridge Triathlon Club | 35:07:00 | 3 | 07:01 | 18 | 18:08 | 16 | 09:57 | |
| 33 | Callum Madden | 126 | Hoddesdon Tri Club | 36:57:00 | 14 | 10:31 | 15 | 14:00 | 20 | 12:26 | |

Tristar 1 - Female Finishers

| Overall | | Race | | ----- Swim ----- | | ----- Bike ----- | | ----- Run ----- | | Penalty |
|---------|----------------------|--------|---------------------------|------------------|------|------------------|------|-----------------|------|---------|
| Place | Name | Number | Club | Finish Time | Rank | Time | Rank | Time | Rank | |
| 1 | Lisa Leinemann | 72 | Discovery Tri | 17:57 | 1 | 05:37 | 1 | 06:18 | 1 | 06:01 |
| 4 | Jessica Pugh | 77 | Infinity Triathlon Club | 18:57 | 4 | 06:32 | 2 | 06:22 | 2 | 06:02 |
| 5 | Rachael Carpenter | 67 | Hoddesdon Tri Club | 19:12 | 2 | 06:23 | 5 | 06:34 | 3 | 06:14 |
| 10 | Billie-Jordan Butler | 65 | Tri-Anglia Triathlon Club | 20:04 | 3 | 06:26 | 6 | 06:41 | 5 | 06:56 |
| 11 | Orla Kenna | 71 | Cambridge Triathlon Club | 21:03 | 5 | 07:23 | 3 | 06:25 | 8 | 07:14 |
| 12 | Grace Wardle | 80 | Walden Tri | 21:48 | 6 | 07:25 | 9 | 07:49 | 4 | 06:34 |
| 15 | Olivia Dunn | 68 | East Essex Triathlon Club | 22:28 | 9 | 08:06 | 4 | 06:33 | 10 | 07:47 |
| 16 | Stephanie Birkwood | 62 | Walden Tri | 22:50 | 8 | 07:38 | 7 | 07:45 | 9 | 07:27 |
| 18 | Daisy Watson | 81 | East Essex Triathlon Club | 23:51 | 7 | 07:28 | 12 | 09:10 | 7 | 07:12 |
| 20 | Emily Bishop | 63 | Discovery Tri | 24:13:00 | 10 | 09:24 | 8 | 07:48 | 6 | 07:00 |
| 22 | Anna Harvey | 69 | Blackwater Triathlon Club | 27:19:00 | 11 | 10:11 | 10 | 08:31 | 13 | 08:36 |
| 23 | Megan Phillips | 75 | Infinity Triathlon Club | 27:41:00 | 12 | 10:25 | 11 | 09:06 | 12 | 08:09 |
| 24 | Brianna Bunn | 64 | East Essex Triathlon Club | 28:01:00 | 13 | 10:31 | 13 | 09:25 | 11 | 08:04 |
| 25 | Isabella Johns | 70 | Discovery Tri | 35:25:00 | 14 | 13:02 | 14 | 13:12 | 14 | 09:11 |

Tristar 1 - Male Finishers

| Overall | | Race | | ----- Swim ----- | | ----- Bike ----- | | ----- Run ----- | | Penalty |
|---------|----------------|--------|---------------------------|------------------|------|------------------|------|-----------------|------|---------|
| Place | Name | Number | Club | Finish Time | Rank | Time | Rank | Time | Rank | |
| 2 | Ben Howlett | 89 | Ipswich Triathlon Club | 18:31 | 1 | 06:50 | 3 | 05:49 | 4 | 05:50 |
| 3 | Edward Taylor | 93 | Walden Tri | 18:54 | 5 | 07:31 | 2 | 05:45 | 2 | 05:37 |
| 6 | Alfie Horlock | 87 | Hoddesdon Tri Club | 19:23 | | | 11 | 13:56 | 1 | 05:26 |
| 7 | Greg McCormack | 91 | Hoddesdon Tri Club | 19:24 | 3 | 07:19 | 5 | 06:16 | 3 | 05:48 |
| 8 | Henry Hilling | 86 | Walden Tri | 19:41 | 6 | 07:35 | 1 | 05:40 | 7 | 06:24 |
| 9 | Oliver Tom | 94 | | 19:49 | 2 | 07:11 | 6 | 06:19 | 6 | 06:18 |
| 13 | Freddy Howard | 88 | Walden Tri | 21:58 | 9 | 09:09 | 7 | 06:47 | 5 | 06:01 |
| 14 | Tim Jukes | 90 | Cambridge Triathlon Club | 22:12 | 4 | 07:25 | 4 | 06:01 | 11 | 08:44 |
| 17 | Harry Graydon | 85 | | 23:43 | 7 | 08:02 | 8 | 07:00 | 10 | 08:40 |
| 19 | Thomas Peters | 92 | WaldenJNR | 24:00:00 | 8 | 08:58 | 9 | 07:15 | 8 | 07:46 |
| 21 | James Bamber | 83 | East Essex Triathlon Club | 27:00:00 | 10 | 11:02 | 10 | 07:56 | 9 | 08:01 |

Tristart - Female Finishers

| Overall | | Race | | Finish Time | ----- Swim ----- | | ----- Bike ----- | | ----- Run ----- | | Penalty |
|---------|----------------|--------|---------------------------|-------------|------------------|-------|------------------|-------|-----------------|-------|---------|
| Place | Name | Number | Club | | Rank | Time | Rank | Time | Rank | Time | |
| 6 | Isobel Markham | 53 | Hoddesdon Tri Club | 08:22 | 4 | 06:57 | | | 1 | 01:25 | |
| 7 | Neve Madden | 52 | Hoddesdon Tri Club | 08:49 | 1 | 02:11 | 1 | 05:02 | 3 | 01:34 | |
| 8 | Daisy Hattee | 51 | Walden Tri | 08:57 | 2 | 02:18 | 2 | 05:08 | 2 | 01:30 | |
| 10 | Lucy Wells | 55 | Blackwater Triathlon Club | 09:29 | 3 | 02:38 | 3 | 05:12 | 4 | 01:39 | |

Tristart - Male Finishers

| Overall | | Race | | Finish Time | ----- Swim ----- | | ----- Bike ----- | | ----- Run ----- | | Penalty |
|---------|-------------------|--------|--------------------|-------------|------------------|-------|------------------|-------|-----------------|-------|---------|
| Place | Name | Number | Club | | Rank | Time | Rank | Time | Rank | Time | |
| 1 | Raphael Buchallet | 57 | Walden Tri | 07:28 | 1 | 01:53 | 3 | 04:19 | 2 | 01:15 | |
| 2 | Andrew De Koning | 58 | Walden Tri | 07:32 | 2 | 01:57 | 2 | 04:18 | 3 | 01:16 | |
| 3 | Sam Richards | 59 | | 07:44 | 5 | 02:08 | 1 | 04:16 | 4 | 01:19 | |
| 4 | Rufus Jenner | 76 | | 07:52 | 3 | 01:58 | 4 | 04:38 | 1 | 01:14 | |
| 5 | Jack Watson | 61 | Discovery Tri | 08:19 | 4 | 02:06 | 5 | 04:46 | 5 | 01:26 | |
| 9 | Daniel Warburton | 60 | Hoddesdon Tri Club | 09:11 | 6 | 02:25 | 6 | 05:15 | 6 | 01:30 | |
| 11 | Benjamin Boldock | 56 | | 10:11 | 7 | 02:44 | 7 | 05:36 | 7 | 01:49 | |